

TREE OF LIFE



About us: We are a local group of people interested in creating spaces for spiritual and holistic growth. A regular programme of events is planned, including quiet days, workshops, walks and retreats. People of all faiths and none are welcome to come and explore and be refreshed.

Many of our events are also suitable for children - please see website or publicity for more information.

Booking: *it is helpful if you book.* Please return the form below to book or you can book on-line at www.reshapers.org/retreats

To book by phone for more information, please contact Marian Carter on 01473 780259 or Jane Chevous on 01473 780451. *Please at least phone to check venue and notify food costs.*

Cost: we don't make a charge but advise the cost and ask you to donate what you can afford. We are a not-for-profit organisation. Suggested donation £10 per day (including food) and £5 per half day - *Note recession price drop!* Please be generous if you can, this helps others whose means are limited, and us to balance our books.

Please return the booking form to jane@reshapers.org or post to:
Tree of Life, 80 Woodlands, Chelmondiston, Suffolk IP9 1DU

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Please book me/us on the Tree of Life Event:.....

Date:

Name.....No of Adults.....Children.....Age(s).....

Address.....

.....Postcode.....

Email.....Tel. No.....

- Please send me copies of the parental consent form.
- I give my permission for Reshapers & Tree of Life to keep my contact details for communication (we will never pass on your details.)

Part of the Tree of Life Retreat & Renewal Programme, in partnership with Reshapers CIC

Reshapers CIC is a Community Interest Company that supports education, art and community development to promote well-being. Please see our website: www.reshapers.org